

Kardec Spiritist
Group of Austin
PO BOX 203502
Austin, TX 78720-3502

(512) 636-2148
admin@kardec-austin.net

<http://www.kardec-austin.net>

Youth Spiritist

KardecSpiritist Group of Austin invites you and your kids to join us on our Youth Spiritist Education.

The meetings take place every 1st and 3rd Sunday of the month.

From: 11:00 to 12:00am

Ages: 5 and older

If you plan to join us, please let us know in advance.

If you need to reach one of us to find your way, please feel free to call:

- Adriana Martins: 638-7176
- Beth Madden: 992-9048
- Joce Almendra: 576-2030

Many of you have asked how to help our group, and here is one opportunity!

Our fixed monthly expenses with rent, utilities and other essentials total \$750 per month.

Any contribution is optional, but really appreciated.

If you are in a position to commit helping the group, even with a small amount monthly it would be really helpful.

The fundraising events we promote throughout the year help us mainly with special events, such as speakers' travel expenses, but they don't cover these fixed costs.

Please talk to us if you can help!

We feel very blessed to share such a wonderful house of studies and prayers!

Thank you in advance for your consideration.

Book Club

Our Book Club meets every last Wednesday of the month to discuss a book or part of a book related to Spiritism.

The purpose of our Book Club is to promote the study and discipline through reading.

Our next meetings:

May 30th at 7:00pm

June 27th at 7:00pm

For more information, please contact:

Celina Cavalcanti

celinacavalcanti@gmail.com or

Luciana Corwin

luairam@gmail.com

Volunteer Opportunity

Every second Saturday of each month Kardec Spiritist Group of Austin visits the Austin Children's Shelter for an afternoon of fun and interaction with children that were rescued from abuse and neglect.

There are 51 children and youth in care today at ACS, over 40 of them are between the ages of 12 – 18.

Sign up as a volunteer with Fernanda Bueno:

nandafernandabueno@yahoo.com

phone 512-669-9263

We look forward to hearing from you!

INSIDE THIS ISSUE:

Events	1
Article	2
Book Review	3
Message	3
Opportunity to Help Us	4
Our Activities	4

A whole weekend immersed in spiritual values, friendship and the search for spiritual growth could describe the visit of Julio Carvalho, an active participant in the US Spiritist movement, co-founder of the Spiritist Center Divine Light in Newark -NJ and a prolific speaker, disseminating the Spiritist message throughout this country.

Julio Carvalho's Visit

By Tania Schwartz

Julio spent the weekend of March 24th and 25th in Austin offering his words of wisdom. On Saturday he gave the talk on "The Challenges of Self-Knowledge" that illustrated our need to assume our own responsibilities in finding happiness and avoid suffering – that we can't change others, we can only change ourselves.

After the inspiring talk on Saturday, we continued on Sunday with a very special seminar to potential workers in the Spiritist Center. It consisted in presenting to this group of 30 people the several departments in the Spiritist Center, how the Spiritist Center works and how all of us are a real part of it, both enjoying the benefits of its activities as well as sharing the responsibilities of making these activities happen.

In a very dynamic way, Julio made all of us participate in the discussions, expressing what each of us felt our group needed to continue growing in a positive environment and helped us identify possible obstacles we still have to overcome.

Through different methods, such as theater, games and group presentations we shared a full 7-hour day of activities, great food, lots of



friendship and the high motivation of making our group stronger and united with the goals of learning Spiritism, getting spiritual treatment, doing good to others and sharing a great environment of spiritual search.

Julio went back to the East Coast, leaving behind lots of ideas and inspiration for us to work together, communicating to each other our needs and concerns, finding different ways to continue disseminating this wonderful Spiritist doctrine to as many people as possible. We are very thankful for his visit and also for the great participation of the Spiritist community from Austin.

Julio's Words on Saturday Were Simple and Powerful Self-knowledge.

By Evelin Vorzimer



Isn't that the basis of Spiritism? In order to transform ourselves, we need to know ourselves better. We need to recognize, with humility, areas of improvement and areas, which have improved. I was anxious, listening to his words, about the amount of work we have to do. But I left the seminar with a sense of wanting to accomplish. Feeling that I was on my way to a better life here at our school.

I left Casa de Luz fired up and ready for our seven-hour workshop the next day. It was refreshing to see everyone so excited, ready to learn. Julio organized a beautiful and challenging workshop.

It takes all of us to help develop the services our center offers. We need to get organized and have realistic goals and objectives to be efficient. We had the opportunity again to look inwards and reflect on what our expectations are and how we can help make this center grow and continue providing support and education to us and our families.

I can assure you that all thirty participants left that day with the sense that yes, together, we can do it. Thanks to Julio, for making our lives brighter and thanks to our ladies at the Center for being such persistent hard workers.

"Teaching Children to Pray", The Spiritist Magazine



Ó Pai, que esses irmãos ainda na infertilidade espiritual possam amadurecer ao seu tempo, rodeados pelo amor e carinho daqueles que os querem bem, pois qualquer tentativa de amadurecimento precoce acarretará num prejuízo emocional.

Sejamos pacientes, oremos, estejamos sempre presentes como um raio de sol ou como as estrelas do firmamento, que seguem brilhando e iluminando nossos caminhos, mesmo quando nos esquecemos deles.

Mensagem psicografada em nosso Kardec Spiritist Group of Austin

Based on the article "Teaching Children to Pray" we should teach our child to pray from the heart, creating a connection with the Creator, and it has to be natural, spontaneous, right!?

According to Bernadete Leal, M.Ed. we should teach them by showing our habits and even inviting our child to pray with us. If we had a bad day for example, we can get home and say: "Son, I am not feeling well at this moment. Something happened at work and I am a little upset". Then continue: "I am going to pray, asking God for some guidance and to help me to calm my mind and heart down. Would you like to pray with me? You can just stay by my side and think good thoughts."

Another way to invite him to pray is to ask your child to select one prayer from the Gospel According to Spiritism that would best suit your situation - this way he will feel he is helping you and at the same time learning how to pray for others who are in need. You are also teaching him compassion.

Now, some of us will raise the question: "what if my child does not want to pray with me?". Mrs Leal recommends us to acknowledge and accept his wish since we do not want him feeling obligated or pressured. So you can excuse yourself and do your prayer. After that you can let him know that you are feeling better, and that God and your spiritual friend are taking care of the situation. Also don't

forget that your kids will learn observing so if your prayer was really sincere you will be feeling better, and your child should notice that you are feeling better. And that you trust God.

It is not after the first try, but if you keep consistency and your child sees the consistent prayer behavior from you he will learn it. The author assures us that one day you may be praying together or you will find your child praying for someone.

Resumed from the article "Teaching Children to Pray", *The Spiritist Magazine*, Edition No 16, January to March 2012, page 28-30.

Join us in our study meetings:

Every Tuesday: 7:30pm to 9:00pm

For more information please contact us:

admin@kardec-austin.net

(512) 636-2148

<http://www.kardec-austin.net>

Book Review - "Life Goes On" - Andre Luiz by Chico Xavier

This is an inspirational novel with a profound spiritual message.

Evelyn is sick, very sick, and her condition calls for immediate medical attention. Tragically, her illness is only the latest in a lifelong series of crises. As a child she had been orphaned by the death of her father; as a young woman one of her lovers had killed himself. And just recently her much-loved husband had run away from her illness and from her--into the arms of a younger woman.

Now Evelyn is determined to fight back, to undergo an operation that if it fails might kill her, but if successful will give her life a new direction. In the aftermath of the surgery, everything seems to go well. Then she has one more terrible attack.

This inspirational novel by André Luiz, physician and

Coming to herself in a hospital room, she feels oddly healthy, energetic, and confident. But the world she has always known and trusted is different somehow. Her relatives are not allowed to visit her, the state of her soul seems to be more important to her doctors than the state of her body, and the people around her hint that they aren't living on Earth anymore.

Thus begins Evelyn's experience of a new realm of awareness, and her discovery that her heart needs a love greater than the love she has known. In reaching toward that love, and in gaining the courage to know herself and others honestly, she also finds a friend to walk this new path with her.

poet, who writes through the pen of F. C. Xavier, gently awakens us to the rich meaning of life, friendship, and love. In it, we find that life is a journey on which we add to and recreate our innermost selves--in effect designing our own path toward the goal of love each of us seeks.

This is a true story that illuminates life. In Evelyn's courage you will discover the force of faith, and traces of the invisible design that guides every person's return to love.

Kardec Spiritist Group of Austin has the book available in the library.

SAVE THE DATE

**Carlos Campetti
"Harmonia no Lar"**

August 25th, 2012



Carlos Campetti is a journalist with a graduate degree in Marketing and Business Administration by Sejong University, Seoul.

Brazilian Medium and Spiritist speaker, he has been a member of the board of directors of the Brazilian Spiritist Federation-FEB and now he is in charge of coordinating the Experimental Area of ESDE/FEB in Brasilia, Brazil.

Mr. Campetti every year travels in various countries lecturing and promoting seminars and workshops on Spiritism.

Learn With Nature

The sun shines from on high, in order to help everyone.
*

The stars group themselves in order.
*

The sky has its timetable for hours of light and of darkness.
*

Although it continues to be linked to the soil, the vegetable abandons the dark hole in search of light so that it may produce.
*

The bough that survived the storm yielded to its passage, nevertheless it continues to maintain its appropriate place.
*

The rock guarantees the life of the valley, by resigning itself to solitude.
*

The river reaches its objectives because it has learned to flow around obstacles.
*

The bridge serves the public without making exceptions, by asserting itself against extremism.
*

The vase is useful to the potter, after enduring the heat of the kiln.
*

The gem shines, after submitting to the files of the stonecutter.
*

The canal is able to fulfill its finalities, because it does not lose access to the reservoir.
*

The harvest always yields in accordance with the purposes of the sower.

From the book CHRISTIAN AGENDA FRANCISCO CÂNDIDO XAVIER By the spirit ANDRÉ LUIZ